Capital Regional Medical Center is committed to providing fast, quality healthcare on a local level. I’m proud to be a part of the Capital Regional family.

Carlo Oller, M.D., F.A.C.E.P.
Chairman of Capital Regional Medical Center Emergency Medicine
At Capital Regional Medical Center, we are committed to the health of our friends, family, neighbors and everyone that calls this great region their home. Our belief is that quality healthcare should be accessible to our entire area and that healthcare needs should be met on a local level. This Community Benefit Report highlights our commitment to bring the highest quality healthcare to everyone in our community.

After working closely with Gadsden County officials and identifying the needs of the community, Capital Regional Medical Center opened the Gadsden Memorial Campus. With the opening of the Gadsden Memorial Campus, we have brought much needed emergency care to a community who has been without for more than five years. The Gadsden Memorial Campus offers 24/7 emergency room services, including a full suite of radiology and laboratory services. The presence of the campus will save Gadsden County approximately $1 million annually in emergency management services costs.

As a part of our commitment to providing the highest quality healthcare in our community, we opened the region’s only Comprehensive Breast Center. The Comprehensive Breast Center offers everything needed to diagnose and treat problems of the breast, including cancer. The center features the latest technologies, like MammoSite targeted radiation therapy, which allows a higher dose of radiation to be used for a longer period of time, resulting in much faster treatment and requiring no overnight hospital stay, as well as digital mammography. A true comprehensive center, the Comprehensive Breast Center allows women to make one appointment and see multiple physicians about their healthcare.

In 2010, our Capital Regional Medical Center family made continuous strides in improving the quality of patient care we provide our community. We look forward to continuing to do so in 2011 and invite you to visit our facility and learn more about our services. Thank you for choosing Capital Regional Medical Center.

Sincerely,

Bud Wethington, Chief Executive Officer

“...quality healthcare should be accessible to our entire area.”

Bud Wethington
Leadership Team

Left to Right:
- **Michael Gordian**, Chief Financial Officer
- **Dr. Steven West**, Chief Medical Officer
- **Dale Neely**, Chief Operating Officer
- **Bud Wethington**, Chief Executive Officer
- **Marie Johnson**, Chief Nursing Officer
- **Kyle Coston**, Assistant Chief Nursing Officer

Board of Directors

- **Dr. Michael Douso**
- **Dr. Lois Ewen**
- **Dr. Leaton Hall**
- **Mr. Chris Karpinski, Esq**
- **Dr. Nancy Loeffler**
- **Mr. David Ramsay**
- **Rep. Curtis Richardson**
- **Rabbi Jack Romberg**
- **Dr. Harry Rosenblum**
- **Dr. Roy Schwartz**
- **Dr. Richard Thacker**
- **Dr. John Thabes**
- **Mr. Bud Wethington, CEO**
2010 Community Impact

Placing the Seeds of Hope

Once again, Capital Regional Medical Center teamed up with Capital Regional Cancer Center to support the American Cancer Society’s Relay for Life. In turn with Leon County’s 2010 Relay for Life theme, “Relay Goes Green – Plant the Seed of Hope,” Capital Regional hosted the Garden of Hope at their tent. Cancer survivors participating in the event were invited to have their picture made and create a homemade flower to plant in the Garden of Hope. Capital Regional took home first place for best themed tent. In addition, everyone who stopped by our tent took home a packet of sunflower seeds so they could start their own garden of hope.

More than 50 members of the Capital Regional family participated in Relay for Life, raising more than $6,000 for the American Cancer Society.

Capital Regional Medical Center is dedicated to making a difference in our community. Every day members of our staff provide not only monetary contributions but volunteer their time and talents to great organizations in our community. This year, we were proud to raise the most money in the community, more than $20,000 from employee contributions, for the American Heart Association’s annual Heart Walk fundraiser.

Here is a sample of the organizations we worked with this past year.

American Cancer Society
American Heart Association
American Lung Association
Big Bend Hospice
Bond Community Health Center
Capital Medical Society
Covenant Hospice
Echo Outreach Ministries
Juvenile Diabetes Research Foundation
Leadership Tallahassee
Leukemia and Lymphoma Society
March of Dimes
Our Region Tomorrow
Ronald McDonald House
Second Harvest of the Big Bend
Tallahassee Senior Center
United Way of the Big Bend
Working Well Tallahassee, Inc.
<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Patients Treated</td>
<td>117,995</td>
</tr>
<tr>
<td>Admitted</td>
<td>12,008</td>
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<tr>
<td>ER Visits</td>
<td>75,509</td>
</tr>
<tr>
<td>Medicaid Patients Treated</td>
<td>25,195</td>
</tr>
<tr>
<td>Medicaid Market Share</td>
<td>24.70%</td>
</tr>
<tr>
<td>Indigent Patients Treated</td>
<td>19,289</td>
</tr>
<tr>
<td>Indigent Patients Market Share</td>
<td>55.70%</td>
</tr>
<tr>
<td>Total number ofLicensed Beds</td>
<td>198</td>
</tr>
<tr>
<td>Total number of Employees</td>
<td>1,188</td>
</tr>
<tr>
<td>Total number of Physicians</td>
<td>463</td>
</tr>
<tr>
<td>Total number of Volunteers</td>
<td>100</td>
</tr>
<tr>
<td>Federal Income Tax</td>
<td>$349,145</td>
</tr>
<tr>
<td>State Income Tax</td>
<td>$49,073</td>
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<tr>
<td>Indigent Care Tax</td>
<td>$1,966,262</td>
</tr>
<tr>
<td>Property Tax</td>
<td>$1,585,282</td>
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<tr>
<td>Sales Tax</td>
<td>$1,467,102</td>
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<tr>
<td>Other Local Taxes</td>
<td>$16,945</td>
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<tr>
<td>Total Taxes</td>
<td>$5,433,809</td>
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<tr>
<td>Total Salaries &amp; Benefits</td>
<td>$70,365,226</td>
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<tr>
<td>Cost of Charity &amp; Uncompensated Care</td>
<td>$15,935,272</td>
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<tr>
<td>Capital Investment</td>
<td>$6,886,875</td>
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<td>Local Vendor Support</td>
<td>$12,136,236</td>
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<tr>
<td>Minority &amp; Women Owned Support</td>
<td>$1,103,752</td>
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<tr>
<td>Physician Specialty Coverage</td>
<td>$1,233,249</td>
</tr>
<tr>
<td>Total Economic Impact</td>
<td>$112,000,667</td>
</tr>
</tbody>
</table>

A pie chart is shown indicating the distribution of the total economic impact with the following breakdown:

- Total Salaries & Benefits: 63%
- Cost of Charity & Uncompensated Care: 14%
- Total Taxes: 5%
- Capital Investment: 6%
- Total Local Vendor Support - 11%
- Physician Specialty Coverage - 1%
H1N1 and Seasonal Flu Preparedness
Capital Regional Medical Center joined the rest of the HCA organization in enforcing stringent standards in preparation for this year’s flu season. With heightened concerns regarding the spread of H1N1, or swine flu, employees providing direct patient care were required to receive vaccines for both seasonal flu and H1N1, or wear surgical masks while at work. Special signs were posted throughout our facilities with reminders for patients, visitors, and employees to take precautions to help avoid spreading the flu to others, and hand sanitizer was conveniently placed at entrances and public areas to heighten awareness of the importance of hand cleansing. In addition, a process was put in place to track presenting symptoms through the ER and confirmed H1N1 cases to monitor for trends that would indicate an outbreak in a specific community.

Consult-A-Nurse
Capital Regional Medical Center offers Consult-A-Nurse, a FREE community service designed to help you find the doctor who fits your specific needs. Our informative programs are designed to make wellness education, care and support accessible to you and your family. You can even register for classes that we offer. Whether you’re new to the area or just exploring your options, there are many things you will need to consider before establishing a relationship with your physician.

So call Consult-A-Nurse
It’s fast. Convenient. And FREE
1.800.847.8876
Volunteer Spotlight

Carol Shumm

Capital Regional is honored to have 100 members of the community commit their time, talents and passion to helping our staff, patients and visitors throughout the year. In 2010, our volunteers gave over 18,000 hours of their time to help support Capital Regional and the Tallahassee community. Throughout the year, volunteers assist with a wide variety of projects and departments, including greeting patients and visitors, operating the gift shop, keeping anxious family members informed of the status of surgical patients and much, much more. We are truly grateful for the time and talents of all our volunteers.

One such volunteer is Carol Schumm. Carol has been a volunteer with Capital Regional for more than 25 years and has committed over 26,000 hours to serving our hospital. During her time at Capital Regional, Carol has been awarded Volunteer of the Year and the HCA Frist Humanitarian Award, the highest honor bestowed upon volunteers and employees of HCA. Carol is best known for her talent in making special costumes for infants born on holidays. Carol makes pumpkins for Halloween, hearts for Valentine’s Day, stockings for Christmas and her personal favorite, eggs for babies born near Easter. She puts a great deal of care and pride into sewing each one and parents are delighted to see their newborn presented in the adorable costumes.

“Every year at Christmas I would make ornaments for the patients staying in the hospital over the holidays. One year, as I was working with the food and nutrition staff to get the ornaments ready to go on trays, a young lady came over and asked if I was the one who made the ornaments the year before. When I answered yes, she thanked me and said that my ornament was the only present she had received last Christmas. It is moments like these that have made my time at Capital Regional so enjoyable.”
Quality & Patient Safety

Despite our achievements, Capital Regional recognizes the importance of patient safety and continues to make it paramount. Our initiatives ensure the safety and quality of care given to our patients each day.

**PatientKeeper (PK) Vitals Capture™**
PK Vitals Capture is a computer software application that streamlines the process of capturing and recording patient vital signs and intake/output data. Nurses and patient care technicians (PCTs) enter this information into a handheld device right at the patient’s bedside, saving time while also helping to avoid possible errors due to duplicated efforts. The information is transferred into Meditech MIS – the hospital’s information system – wirelessly within a few minutes of being entered into the handheld device. This allows for faster, more accurate information for both nurses and physicians and less time spent documenting by the PCTs.
Awards and Recognitions
When it comes to your healthcare, quality should be the most important factor when choosing a facility. The Agency for Healthcare Research and Quality, the lead federal agency tasked with improving healthcare nationwide, defines quality healthcare as doing the right thing at the right time in the right way to achieve the best possible results. At Capital Regional Medical Center, our team of experts is committed to providing quality care to every patient, every visit. From the moment you enter our state-of-the-art facility, you know that the best of the best will be treating you and your loved ones, quickly and efficiently.

Capital Regional is an accredited Joint Commission Primary Stroke Center, providing cutting-edge stroke care that results in good outcomes for our patients.

Capital Regional is an accredited Chest Pain Center, by the Society of Chest Pain Centers, meaning our staff provides the best care possible in the early assessment, diagnosis and treatment of acute coronary syndromes and heart failure.

Our Laboratory is accredited by The College of American Pathologists and has a Certificate of Accreditation from the Joint Commission, giving patients access to the best of the best for their laboratory needs.

73% of patients at Capital Regional would definitely recommend our facility to their family and friends according to the Department of Health and Human Services’ Centers for Medicare and Medicaid Services.
Capital Regional Medical Center is committed to the care of everyone in our region and we believe that healthcare needs should be met on a local level. “After being without an emergency care facility for more than five years, Capital Regional was proud to step up and fill this need for the Gadsden community,” said Bud Wethington, President and CEO of Capital Regional Medical Center. In June 2010, Capital Regional opened the Gadsden Memorial Campus, a full-service 24-hour emergency room that offers state-of-the-art technology and a full suite of laboratory and radiology services.

In just six months, the Gadsden Memorial Campus served more than 8,300 patients and performed more than 4,500 radiology and lab tests. By bringing emergency care closer to home, the Gadsden Memorial Campus has reduced the Gadsden County EMS 911 emergency transports to Tallahassee hospitals by 50 percent, saving the county close to $1 million annually. In addition, the opening of the Gadsden Memorial Campus created 35 jobs in Gadsden County and returned more than $100,000 to the community in the form of payment for utility services, directly supporting Gadsden County.

“Before the Gadsden Memorial Campus opened, our EMS personnel had to take patients to Tallahassee for treatment,” says Chief Don Crum, Gadsden County Emergency Management Services. “Not only was this very dangerous for those experiencing life-threatening emergencies, it was also very expensive. Now, we have a full-service emergency facility in our community that can address patient needs without a 30-minute drive.”
Providing Quality Care, Quickly and Efficiently
Capital Regional is proud to be the first hospital in Tallahassee to publicize average ER wait times. Beginning in 2009, Capital Regional used digital billboards and text messaging to alert community members of the wait times for the emergency room. The Emergency Department at Capital Regional Medical Center is staffed around the clock by physicians, nurses and healthcare professionals specifically trained to deliver emergency medical services at a moment’s notice.

“Capital Regional Medical Center is committed to providing fast, quality healthcare on a local level. I’m proud to be a part of the Capital Regional family.”

Carlo Oller, M.D., F.A.C.E.P.

Additionally, the Gadsden Memorial Campus has added an on-site ambulance and EMS staff to the facility, so patients requiring advanced care can be stabilized prior to transport to Tallahassee. Soon, the facility will also add a helipad to accommodate emergency helicopters.

Capital Regional is committed to providing quality care close to home. We look forward to serving the residents of Gadsden County for years to come.

iTriage
Making Emergency Care Information Accessible
Capital Regional Medical Center and the Gadsden Memorial Campus offer iTriage to members of the community. iTriage is a free, smartphone application that provides access to medical information on thousands of symptoms, diseases and medical procedures, as well as average ER wait times for the facilities in Tallahassee and Quincy. Residents can download the application and get this information directly on their phones.
Capital Regional believes the women of the Big Bend community deserve the most complete and advanced breast care available. In October 2010, Capital Regional opened the Capital Regional Comprehensive Breast Center. Unlike other centers, the Comprehensive Breast Center was designed with a woman’s needs in mind, featuring a spa-like interior, experienced team and the highly advanced breast care technology including access to MammoSite® (high dose rate of brachytherapy), and the area’s only TomoTherapy®. These revolutionary treatments allow a woman to get back to her normal life as quickly as possible with fewer complications.

The Capital Regional Comprehensive Breast Center features a full range of screening and diagnostic services, including:

- Digital Mammography
- Breast Ultrasound
- Clinical Breast Exams
- Ultrasound and Stereotactic Guided Biopsy
- Needle Localization
- Bone Density Scans, (DEXA)
- Easy Access to Breast MRI next door at Capital Regional
At the Capital Regional Comprehensive Breast Center, a multi-disciplinary physician team will work together on a patient’s treatment plan. Our team includes:

- Breast Surgeons
- Plastic Surgeons
- Radiation Oncologists
- Medical Oncologists
- Radiologists
- And Cancer Care Navigators

Our Cancer Care Navigator works with patients from diagnosis through treatment to help them understand their options and provide much-needed support throughout the process. She ensures every patient is informed, comfortable and ready for the next step in her treatment.

The Capital Regional Comprehensive Breast Center also offers the following support services:
- Certified Fitter for Wigs, Bras and Breast Prostheses
- Resource Library
- Patient and family education for newly diagnosed breast cancer
- Access to Breast Cancer Support Groups
- Nutrition Counseling
- And more

Upon the opening of the new facility, Capital Regional offered free mammograms to women in the community, ensuring everyone has the opportunity for healthy breast care.
When his older brother was diagnosed with blockage of the heart and had to have a stent put in, Tommy Zeegers thought he should get checked out. “My brother is in great shape, always has been. If he had issues, I knew I was in trouble.”

After checking in with his family physician and receiving poor results on his stress test and EKG, Tommy headed for Capital Regional. After a couple consultations and testing, he was able to schedule a heart catheterization procedure in Capital Regional’s Cath Lab. From the moment he entered the doors, the friendly staff made Tommy feel right at home.

Unfortunately, Tommy received bad news and was told he would need to have triple bypass surgery. At age 43 and with five children at home and one on the way, this wasn’t the news Tommy had hoped to hear. But Drs. Dixon and Rosenblum took the time to answer all of Tommy’s and his family’s questions and helped him feel as prepared as possible for the surgery. With Drs. Dixon and Rosenblum and the staff at Capital Regional on his side, Tommy knew he was in good hands.

Normally during bypass surgeries, physicians must place the patient in the heart-lung machine and stop the heart. This has been shown to increase complications and reduce outcomes. Dr. Rosenblum, with equipment available at Capital Regional, was able to perform off-pump coronary artery bypass surgery, or better known as “off-the-pump” surgery, which allowed Tommy’s heart to never stop beating. This revolutionary procedure is seeing very high success rates all across the country.

Afterwards, Tommy had to spend several days at Capital Regional to recover. “I never thought I would need triple bypass surgery at 43. But the team of doctors and nurses at Capital Regional Medical Center were there to ease my fears and make my time in the hospital less stressful for my family and me. They made me feel important and I knew I was receiving the best possible care.”

Tommy and his wife, Michelle, came back to Capital Regional later in the year, but this time for a happy occasion. Payton Leigh Zeegers was born at Capital Regional Medical Center in April 2010.

Since his procedure, Tommy has lost 25 pounds and works out 4-5 times a week. “My children keep me going. I’m so grateful to the nurses and staff at Capital Regional for making sure I am here to see them all grow-up.”

The Zeeger Family
Portia and Michael Huston’s pregnancy story starts and ends at Capital Regional Medical Center. The day after Christmas 2009, Portia came to the Capital Regional Medical Center Emergency Room with debilitating pain in her mid-back. Within minutes of her arrival, Portia was seen by a physician who immediately began running a range of tests to determine the prognosis. Little did they know that the news delivered was the most exciting they could receive. Portia and Michael were having a baby!

Nine months later, Portia and Michael were ready to meet their baby girl, Lenox Huston. Dr. Morales admitted them to the Family Center and the nerves began to kick in. “We were very anxious and overwhelmed – this was our first time,” Portia stated.

From the moment they arrived, the Huston family’s experience with Capital Regional was a good one. “We checked in and the registration folks were great. They seemed as excited as we were!”

When they arrived at the Family Center, the nursing team was waiting for them in their spacious Labor, Delivery and Recovery room, with its own private waiting room. Their team of healthcare professionals treated them just like they were family, easing and calming their fears.

“Our nurse took special care to explain everything and let me know what to expect,” said the first-time mom. “I will never forget my delivery nurse, Angie. She was right there with me during the most significant experience in my life and took such great care to ensure I would deliver safely.”

All indications were that everything would run smoothly, but when Lenox arrived the healthcare team quickly realized that she would need some extra help to breathe. Interventions were immediately taken to ensure that Lenox would have a good outcome. Under the advisement of the neonatologist, the delivery and nursery nurses were able to stabilize Lenox quickly. “Every mother’s worst fear is that your baby could be in danger. It was such a comfort to know that there was a special doctor on staff and available at all times to take care of babies that need extra care. Luckily for us, Lenox had a great prognosis and was quickly stabilized,” Portia said.

Baby Lenox had to spend one night in the Newborn Nursery, but her parents were able to spend it right by her side. Portia and Michael were very pleased with the care provided by the nursery nurses and their commitment to keeping them informed. Once Lenox was released to stay in their room, the excitement and nerves came on full-force. The Post-Partum team was there to help ease the new parent’s fears and provide support and encouragement. “We were so pleased with the personalized and competent care we received for such an important event. We wouldn’t go anywhere else,” Portia concluded.
Specialized Care

da Vinci Robotic 3d HD Surgical System
Capital Regional was the first in the area to offer minimally invasive, robotic surgical system with 3D, HD vision, known as the da Vinci S HD surgical system. The da Vinci HD enables surgeons to perform prostatectomies and hysterectomies more precisely and less invasively than ever before. That means smaller incisions, less scarring, faster recovery, and shorter hospital stays – ideal for prostatectomies and hysterectomies which can often require weeks of recovery time. In addition, Capital Regional now has the area’s only cardiovascular surgeon utilizing the da Vinci Surgical System for coronary bypass procedures. This allows the surgeon to perform bypass surgery through a series of three small incisions instead of the traditional opening of the chest.

Family Center
With a family-focused approach to care of newborns and their families, the Family Center at Capital Regional Medical Center offers Labor, Delivery and Recovery (LDR) rooms that include a private family waiting room attached to each suite. Patients have plenty of space to include family and friends in the immediate room when delivering, or to have loved ones close by without being directly in the LDR as they deliver. Capital Regional also provides 24/7 coverage by neonatologists and offers families access to a full-time newborn nursery in case mom needs a little rest, too.

HBO Treatment
Capital Regional Medical Center’s Hyperbaric Oxygen program (HBO) is the only multi-placement chamber in the area. Patients sit or recline through their therapy, which is monitored continuously by technologists in the chamber with the patients, or outside the chamber via a communication system. The process helps the healing of wounds, serious infections, selected toxic poisonings, and other ischemic/hypoxic related disorders.

Orthopedic Surgery
Patients needing advanced treatments for orthopedic and spine issues can find high quality care at Capital Regional Medical Center. Our surgeons are committed to performing the latest innovations in their field, and patients benefit from the experience of a panel of orthopedic experts, individualized treatment plans that will help relieve the pain and return them to normal activities.

As a center for diagnostics and treatment, we also believe in the importance of patient education. Capital Regional is pleased to provide education classes for patients who are scheduled for joint replacement surgery. These interactive classes will provide patients valuable information about their surgery, help them understand what to expect following surgery, and begin post-surgery recovery planning.
TomoTherapy Cancer Treatment
Capital Regional Cancer Center offers TomoTherapy, a revolutionary weapon in the battle against cancer that provides a level of care and accuracy not available at any other center in the greater Tallahassee area. Cancer patients once had to travel to Atlanta or Jacksonville to obtain this level of care. TomoTherapy yields superior results with decreased immediate and long-term side effects, and is available on an entirely outpatient basis, allowing patients to recover in the comfort of their own home with family support.

Infusion Center
This year, Capital Regional Medical Center made great strides in meeting the increasing demand for outpatient infusion services when it opened its state-of-the-art infusion center. Sometimes physicians need to order ongoing treatment to be given through an IV. Capital Regional is able to provide these services on an outpatient basis, to ensure patients get the treatment they need and still recover at home. The Capital Regional Infusion Center features state of the art equipment with amenities including comfortable, reclining chairs and entertainment for patients while they receive treatment, such as televisions, wireless Internet and reading materials. Our center is open five days a week from 7 am – 7 pm, allowing patients to come before and after work, and has weekend availability.

Listing of Services

<table>
<thead>
<tr>
<th>Listing of Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>24/7 Emergency Services</td>
</tr>
<tr>
<td>Accredited Chest Pain Center</td>
</tr>
<tr>
<td>Capital Regional Medical Group</td>
</tr>
<tr>
<td>Cancer Center</td>
</tr>
<tr>
<td>Cardiology Services/Cardiac Catheterization</td>
</tr>
<tr>
<td>Certified Primary Stroke Center</td>
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<tr>
<td>Comprehensive Breast Center</td>
</tr>
<tr>
<td>Critical Care</td>
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<tr>
<td>da Vinci Robotic Surgical System</td>
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<tr>
<td>Family Center</td>
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<td>H2U Program</td>
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<tr>
<td>Hyperbaric Oxygen Therapy</td>
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<tr>
<td>Imaging Services</td>
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<tr>
<td>Neonatology</td>
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<tr>
<td>Surgical Services</td>
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<tr>
<td>Tallahassee Outpatient Surgical Center</td>
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<tr>
<td>Wound Care Center</td>
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</tbody>
</table>
Most people take for granted their ability to walk a mile pain-free. But when Anthenese Rosier-Grooms, visited an amusement park with her nine-year-old son, she was sidelined after strolling only a half mile.

“I sat and watched my mother, who had double knee surgery only a few weeks prior, explore the park with my son,” she says. “It was then that I knew I had to do something about my weight.”

Nese, as she’s known to friends, had no health problems associated with her obesity, but couldn’t keep up with her normal daily activities. The mother of two active children, she’d tried diet after diet to lose weight but always gained it back.

“I’ve been that way for a long time – just tired,” she says.

It was a coworker who made Nese aware of the Lap-Band surgical option available at Capital Regional Medical Center. After receiving a referral from her primary care physician, she met with Dr. Roy Schwartz, attended one of the free monthly informational sessions and met with Becky Fanguy, bariatric program coordinator at Capital Regional Medical Center. When the day of surgery arrived, Nese felt fully prepared, but still nervous. Upon recognizing her anxiety, Capital Regional Medical Center’s Chief Nursing Officer Marie Johnson took Nese into a room, invited her husband back, dimmed the lights and began to pray. That extra touch confirmed to Nese that she’d made the right decision in having her surgery at Capital Regional.

Two weeks after surgery, Nese took a trip to Orlando with friends. Not knowing what she’d be capable of doing so soon after surgery, she asked them to walk slowly to allow her body to adjust. Before she knew it, Nese was out-walking her friends.

“I feel so much better now,” she says. “I couldn’t even tell you when the last time was that I felt this good.”

“I love Capital Regional Medical Center. It’s beautiful, the people are so friendly – I didn’t consider having my surgery anywhere else.”

Chief Nursing Officer Marie Johnson took Nese into a room, invited her husband back, dimmed the lights and began to pray. That extra touch confirmed to Nese that she’d made the right decision in having her surgery at Capital Regional.

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“I feel so much better now,” she says. “I couldn’t even tell you when the last time was that I felt this good.”
Looking to the Future

As featured in this report, Capital Regional is dedicated to providing quality healthcare in our area. We strive to constantly improve the quality of care we provide to you, our friends, family and neighbors. In the coming year, we will continue to bring excellent care to the Big Bend.

Capital Regional Medical Center has recently joined Spirit of Women, an elite coalition of American hospitals and healthcare providers that ascribe to the highest standards of excellence in women’s health, education and community outreach. Spirit of Women enables Capital Regional Medical Center to continue to focus on the specific needs of the Big Bend community while drawing on the strength and support of a national network. Through Spirit of Women, Capital Regional will extend its outreach arm and provide health information and screenings to women and families in our community.

Capital Regional is already a leader in providing quality care for children in the Big Bend. In 2010, more than 12,000 children were seen in the Capital Regional Emergency Rooms. To better serve our younger patients, Capital Regional will be opening the Capital Regional Medical Center Pediatric Emergency Room. Several rooms in the Capital Regional Emergency Department will be devoted specifically to pediatric patients.

Capital Regional is proud to have served almost 118,000 patients last year. We look forward to serving you and your family for many years to come.